



## **PARENTING SUPPORT PROGRAMME FOR PARENTS OF CHILDREN WITH SOCIAL COMMUNICATION DIFFICULTIES**

This course is aimed specifically at supporting parents and carers whose children are verbal and have social communication difficulties including Autistic Spectrum Conditions. The training is presented informally and provides an opportunity to better understand social communication difficulties. It offers practical strategies that you can implement at home, provides a chance to meet others in a similar position and to share valuable experiences.

**This accredited course is provided with funding for parents from the BIRD Charity. The SIX session workshop is part-funded for parents/carers who LIVE in the Oldham borough. The Charity has had a difficult year financially and we politely request that parents only book a place on the course if they are able to commit to all sessions.**

The course will run online over 6 sessions on:

Wednesday, 22 <sup>nd</sup> September	7pm – 7.30pm	Registration & meet & greet
Saturday, 9 <sup>th</sup> October	9.30am – 1.30pm	
Saturday, 6 <sup>th</sup> November	9.30am – 11.45am	
Saturday, 27 <sup>th</sup> November	9.30am – 11.45am	
Saturday, 4 <sup>th</sup> December	9.30am – 11.45am	
Saturday, 15 <sup>th</sup> January	9.30am – 1.30pm	

Does your child struggle with any or all of the following?

- focussing their attention or understanding of what others say
- understanding their own emotions and being able to control their feelings or behaviour
- understanding others' body language and non-verbal communication
- having conversations with other children or adults
- knowing what others are thinking and feeling

Would you like to learn some practical tips and ideas about ways you can help them at home with some of these difficulties?

The course is designed for parents of children who are verbal and experience social communication difficulties including those children with Autistic Spectrum Disorder (ASD). The course covers:

- What is involved in communication and what aspects do children with social communication difficulties particularly struggle with.
- Ways to help your child communicate more effectively
- How you can use physical and visual structure at home to support your child's understanding and reduce anxiety
- How to develop your child's listening and understanding
- How to support your child's interaction with peers and other adults
- How to understand and support your child's behaviour more effectively
- How to support your child with sensory issues

The course is relaxed and informal and provides a chance to chat to other parents in a similar position and to share valuable experiences and ideas.

The course will be delivered by an experienced Speech and Language Therapist. The course will be run online and places are limited. Places will be allocated on a first-come, first-served basis. Once you have completed this course, further workshops will be available to you.

The cost of the course is £195, this is part-funded by the charity and a contribution of £50 is requested from parents.

**BOOKING IS REQUIRED** – places are limited. If you wish to book a place, please complete the booking form and return by post or email to [admin@birdcharity.org.uk](mailto:admin@birdcharity.org.uk), payment is required at time of booking either by card, cheque or bank transfer.